



# Oral / Feeding Aversions

An oral aversion is when an infant or child refuses to accept food by mouth or when they are not accepting the developmentally appropriate amount, variety or type of food by mouth. Oral aversion can result from a variety of medical issues or early childhood experiences.

“25% of children are reported to present with some form of feeding disorder”

Source: National Institute of Health

Cole Pediatric Therapy works with the child and the parent/caregiver to provide the following services:

- Create a customized feeding program based on the child's individual needs and sensory framework
- Oral motor evaluation to assess strengths and weaknesses such as chewing and swallowing
- Education on sensory techniques for oral aversions
- Food inventory development to identify patterns in accepted / rejected foods
- Patient education strategies for handling negative mealtime behaviors
- Teaching of food education strategies
- Systematic hierarchy methods to improve feeding skills

Locations throughout TX, NC, WA, and DMV area  
please visit [colehealth.com](http://colehealth.com) for complete listing

continued →

## Oral / Feeding Aversions

Children with the following identifiers could benefit from feeding therapy:

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Tube fed via NG tube, G-button, or TPN  
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Only eats one type of food (crunchy, finger foods, temperature specific, spicy/bland, etc.)  
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Difficulty Swallowing  
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Has a hard time managing food or liquid (i.e. loss of food or liquid when eating or drinking)  
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Gags on new foods when they are presented or when the food enters mouth  
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Feeding disorder coupled with any of the following:

- Autism
- Cerebral Palsy
- Cleft Lip and Palate
- Down Syndrome



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